ARNOLD EKO-ISENALUMHE, M.D.

WINCHESTER OFFICE 2204 COWAN HIGHWAY WINCHESTER, TN 37398 PHONE: (931) 967-0360 FAX: (931) 967-0810 MONTEAGLE OFFICE 25 SPRING STREET MONTEAGLE, TN 37356 PHONE: (931) 924-2120 FAX: (931) 924-2069

PATIENT INFORMATION

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ACCT	<u></u>
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PLEASE PRINT CLEARLY. IF INFORMATION BELOW IS INCOMPLETE OR INVALID, YOU MAY BE RESPONSIBLE FOR FULL PAYMENT OF SERVICES. THANK YOU.

				5. # I	
_ast Name	First Name			MI	
Date of Birth	Sex: M F SS#				O 141
Address:				Status: M	
City		Zip			
Home Phone	Work Phone		Employed: FT	PT RET	DIS
Cell Phone	Emergency Phone				
Emergency Contact:	Relationshi	ip			
Referring Doctor Name		Why?			
INSURANCE INFORMATION:					
Do you have medical insurance No	Yes* LL NEED TO PRESENT YOUR (CH VISIT, <u>AND</u> FILL OUT THE IN	IFORMATION BELOY	VV.		
Primary plan name		Workman's Comp)?Yes	_INO	
Group #	_ ID#				
If the patient the policy holder? Yes	SNo* *If no, fill in below	W:			
Policyholder name		nship to patient			
Policyholder SSN	Date of	birth			
Employer Name	Phone				
Group#	ID#				
Policy Holder Name			Date of Birth		
If person respons ble for payment of ba	lance is <u>different</u> from patient or	policyholder, please f	ill out below:		
Responsible party name		Relations	hip		
Address			_Phone		
			Zip		
I authorize the release of information to	o insurance necessary for payme	ent of claims and bene	efits assigned to p	oroviaer	
			 Date		
Patient/responsible party signature			Date		

NAME	
AUTHORIZATION FOR MEDICAL TREA	TMENT
I authorize Dr	and his/her physician extenders to conduct and direct my e. I also authorize Eko Internal Medicine staff, directed by my edures and provide other care which, in the judgement of my
ASSIGNMENT OF BENEFITS	
The said agreed that acceptance of the said hospital of henefits	all monetary benefits available to me. It is expressly understood s under this policy, shall in no way operate to release the person from his/her obligation to pay for all charges not covered by my
GUARANTEE OF PAYMENT	
and cypenses incurred in fillotel	ally guarantees the prompt payment of all its charges, herebying this guarantee.
any collection agency or attorney at law, for the purpose of	neir obligation herein, each consents to the disclosure of their eservice rendered to the patient by the attending physician to f enforcing the patient's or guarantor's obligation to the health election agency or attorney. Such disclosure or re-disclosure tiality by the health group.
FOR BILLING AND UTILIZATION REVIE I authorize my physician to release written and/or verbal ir my insurance claims and for utilization review when justific I have read the above statements or have had them read a	nformation from my medical record, as necessary, to process
X	
Patient Signature (Date) Patient / Legal Guardian	
Witness	
MEDICARE ASSIGNMENT AND AGREEN TO PAY MEDICARE NON-COVERED CH	MENT ARGES
I certify that the information given to me in applying for pay authorize my physician to release to the Social Security A information needed for this or any related Medicare Claim. I behalf. I assign the benefits payable for physician services furnishing these services, or authorize the above to submit a Participating Physicians have been advised by the Health C to Medicare Beneficiaries, which are determined by HCFA to	ment under Title XVIII of the Social Security Act is correct. I Administration and/or its intermediaries and/or carriers any request that payment of authorized benefits be made on my so to the physician services to the physician or organization claim to Medicare to payment to me. I understand Medicare are Financing Administration (HCFA) that services provided to be unnecessary, and will not be paid for my Medicare. The t, unless prior notification has been given. I request that this
Beneficiary Representative Payee Signature	Date

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Fax: (931) 924-2069

staff to discuss any medical issues concerning	, me to:
	Name
My spouse	
My son / daughter / children	
My caregiver	
Other	
staff to contact me at my place of employment permission to my physician/physician's staff to lift there is any medical information I do not want my home or at my place of employment, I will in writing. If there is any change in information my physician/physician's staff of this in writing.	nt to be discussed or a message to be left at notify my physician/physician's staff of this n pertaining to this consent, I will also notify

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EKO INTERNAL MEDICINE ARNOLD EKO-ISENALUMHE, M.D.

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Patient Name:	
Date of Birth:	
SSN#	

I understand that my health information is private and confidential. I understand that Eko Internal Medicine works in every way possible to preserve the confidentiality of my personal health information.

I understand that signing this document means that Eko Internal Medicine may use and disclose my personal health information to help provide health care to me, to handle billing and payment, and to take care of other health care operations. Failure to sign this consent may result in the physician declining to provide care.

Eko Internal Medicine has a detailed document called the "Notice of Privacy Practice". It contains more information about the policies and practices used to protect their patients' privacy. I understand that I have the right to read the "Notice" before signing this agreement.

Eko Internal Medicine may update this "Notice of Privacy Practices". If I ask, Eko Internal Medicine will provide me with the most current "Notice of Privacy Practices".

Under the terms of this consent, I can ask Eko Internal Medicine to restrict how my personal health information is used or disclosed to carry out treatment, payment, or health care operations. I understand that Eko Internal Medicine does not have to agree with my request. If Eko Internal Medicine does agree to my request, I understand that Eko Internal Medicine would follow the agreed limits.

I understand that I have the right to cancel this consent in writing, at any time. If I do cancel this consent, I understand that Eko Internal Medicine may have already used or disclosed information about me and canceling this consent would not effect the information already used or disclosed.

If you would like to designate someone to receive your medical information (tests results, appointments, referrals etc.) please provide a name and phone number.

Signature of Patient or Parent/Legal Guardian

NOTICE OF PRIVACY PRACTICES

EKO INTERNAL MEDICINE

ARNOLD EKO-ISENALUMHE, M.D.

PLEASE REVIEW THIS INFORMATION CAREFULLY

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EFFECTIVE DATE April 14, 2003

This Notice describes how medical information about you may be used and disclosed, and how you can get access to this information.

How your health information may be used

We may use health information about you for your treatment purposes, to obtain payment, or for healthcare operations and other administrative purposes. Examples of each item mentioned above include:

Treatment: We may need to send your medical record information to a specialist or physician as part of referral for continuity of care.

Payment: We will use your health information and other identifying information for billing Medicare, Medicaid or other health insurance plans.

Operations or administrative purposes: We use your information when processing your medical records for completeness and to compare patient data to improve our treatment methods.

How your health information may be disclosed

As a healthcare provider, we are subject to certain requirements in which we have to disclose your health information. These disclosures are generally routine to all patients and are done without your specific authorization for several reasons.

- State and Federal laws require us to report cases of abuse, neglect, or other reasons requiring law enforcement,
- public health activities,
- health oversight agencies,
- judicial and administrative proceedings,
- death and funeral arrangements,
- special government functions including military and veteran requests
- to prevent serious threat to health or public safety.
- correctional institutions, and
- workers compensation.

We may also contact you after your current visit for future appointment reminders or to provide you with information regarding treatment alternatives or other health related services that may be of benefit to you. We will obtain your written authorization for any other disclosures beyond the reasons listed above. Remember, if you do authorize us to release your information, you always have the right to revoke that authorization later. We will be happy to honor that request except to the extent that we may have already acted.

What your rights are with regards to how your information can be used and disclosed

Access to your Health Information

In most cases, you have the right to look at or receive a copy of your health information. There may be a preparation fee associated with making the copies.

Accounting of Disclosures

You have the right to ask for a list of instances in which we have disclosed your information for reasons other than treatment payment and operations. We can provide you one list per year without charge, all additional requests in the same year will be subject to a nominal charge.

Amendment/Correction of Health Information

If you believe that the information we have about you is incorrect or if important information is missing, you have the right to request that we amend the existing information. There may be some reason that we cannot honor your request for which you submit a statement of disagreement.

Alternate/Confidential Communications

You can request that your health information be communicated to you at an alternate location or address from which you may have registered with, such as sending mail to an address other than your home.

Restrictions on Use/Disclosure of Your Health Information

You can request in writing that we not use or disclose your information for any reasons in this brochure or to persons involved in your care except when specifically authorized by you or when required by law, or in emergency circumstances. We are not legally required to accept them, but will try to honor any reasonable requests.

Our Legal Duty

We are required by law to protect the privacy of your information. We are providing this notice to you so that we can explain what our privacy practices are.

We will follow the practices described in this notice or the current notice in effect. We reserve the right to change our policies and notice of privacy practices at any time. If we should make a significant change in our policies, we will change this notice and post the new notice. You can also request a copy of our notice at any time.

Complaints

For more information about our privacy practices or to place a complaint or report a concern or conflict, call the number listed below:

Eko Internal Medicine Privacy Officer (931) 598-5622

You may also send a written complaint to the United States Department of Health and Human Services, if you feel we have not properly handled your complaint. You can use the contact listed above to provide you with the appropriate DHHS address. Under no circumstance will you be retaliated against for filing a complaint. This notice applies to the physician practices affiliated with the Eko Internal Medicine.

(Rev. 6-18) Daniell The Printer, Inc.

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FAX: (931) 967-0810 TEMP: TODAY'S DATE: (This form is good for 1 year from above date).

PATIENT HISTORY AND PHYSICAL FORM

now patients and to be undated annually)

TIENT'S NAME:				AGE:	
HIEF COMPLAINT: (Why you are here too	lay)				
ISTORY OF PRESENT ILLNESS:					
Location of pain/problem?					
How long have you had this problem?					
How did the problem start?					
How often do you have the pain?					
What makes it worse?					
What makes it better?					
What associated problems have you be	een having?				
What is the severity of your pain? Ma (No Pain)	rk an X on the a	appropriate c	ircle below: 7 8 9 ((Extreme Pain)	
What does the pain feel like? (throbbin	ng, shooting, sha	arp, etc)			
SENERAL MEDICAL INFORMATION	DN:			·	
My general health is: (Please check one)	☐ Excellent	☐ Very Go	ood Good	☐ Fair	
Who is your family doctor:				ate of last visit:	
are you pregnant or attempting to get	pregnant:	☐ YES	□ NO		
List any medications you are currently	taking includin	g strength a	nd how often tak	en:	
NAME DOSAGE	HOW OFTE		NAME	DOSAGE	HOW OFTE
		-			
		-			
		-			
		_			
		_			
					□NO
Are you currently taking (or have you t	aken in the pas	st) diet pilis (or herbal suppler	nents? YES	
	ent and date la	st taken:			
If yes, write name of the pin/ supplem					
ALL FRGIES:		r to or have l	had a bad reactio	on to:	
	u are ALLERGI	C to or have l	had a bad reactio	on to:	

PAST MEDICAL HISTORY: Check any problem you have ever been treated for and indicate the year of treatment: ☐ Arthritis Sickel Cell Anemia □ Cancer Lupus Heart Attack **Blood Transfusion** Hereditary Defects Rheumatoid Arthritis Heart Failure □ Cataracts Osteoporosis Cirrhosis [∐] Glaucoma □ Brittle Bones ☐ Irregular Heartbeat ☐ Gall Stones Depression ☐ Broken Bones ☐ Peripheral Vascular Disease HIV / AIDS Drug Dependency □ Ruptured Disc ☐ Stroke ☐ Tuberculosis Head Injury □ Sciatica □ Blood Clots ☐ Polio Convulsions ☐ Spinal Curvature ☐ Venereal Disease J Fainting Spells □ Diabetes Kidney Disease ☐ Insomnia ☐ Stomach Ulcers Bladder Infection □ Emphysema ☐ Gout SURGICAL/HOSPITALIZATION HISTORY: PRIOR SURGERIES: Type of Surgery Date of Surgery PRIOR NON-SURGICAL HOSPITALIZATIONS, MAJOR ILLNESSES OR INJURIES: Reason for Admit Date of Admit **SOCIAL HISTORY:** Occupation: _____ Marital Status: S M W Dv Sp Are you working now? ______ If no, when did you work last? _____ Place of Birth: _____ Grade of School Completed: I live in a: House □ Apartment □ Condominium ☐ Mobile Home ☐ Boat Single-Level Multi-Level # of stairs to enter: ____ # of stairs inside: ____ My home is: Alone I live: □ w/Spouse □ w/Parents w/Children Other____ **Alcohol Consumption:** Tobacco Use: ☐ Beer ☐ Wine Type: ☐ Whiskey ☐ None Type: Cigarettes Pipe ☐ Chew □None Frequency: Daily Weekly Monthly Never

If you have quit, how long? _____

How much used daily? _____

and for how long? _____

If you have quit, how long? _____

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FAMILY HI	STORY:		
Mother:	Living: YES or NO	Age: Condition of health:	
	If deceased, cause o	of death and age at death:	
Father:	Living: YES or NO	Age: Condition of health:	
	If deceased, cause of	of death and age at death:	
Have you or	any member of your fam	Ilv every had? (Indicate relative by placing a	letter next to problem):
F-(father), M	-(mother), GF -(grandfathe	er), GM -(grandmother), B -(brother), S -(sister),	C-(child), U-(uncle), A-(aunt)
* .	ANCER	☐ HIGH BLOOD PRESSURE	HEART DISEASE
	IEART ATTACK	DIABETES	☐ STROKE
	RTHRITIS	SEIZURES	TUBERCULOSIS (TB)
	(IDNEY PROBLEMS	HEPATITIS	ASTHMA
	MPHYSEMA	COPD	LUPUS
	HIV/AIDS	OSTEOPOROSIS	REACTION TO ANESTHESIA
	UNG PROBLEMS	BACK INJURY	STOMACH PROBLEMS
	JLCERS	DEPRESSION	SKIN BREAKDOWN
SYMPTO	M / SYSTEMS REVIE	<u>'W:</u>	
If you have	ever experienced any of to the checked item OR ch	he following problems, please check the prob	lem and write the year you experienced it
_		EARS / NOSE / MOUTH / THROAT	CHEST / BREAST
GENERAL F			☐ Breast discharge
	IONAL SYMPTOMS	Earaches or drainageBad breath or bad taste	☐ Breast implants
☐ Fatigue		☐ Bleeding gums	☐ Breast lump
Difficulty		☐ Hearing loss	☐ Breast pain
•	ned bleeding	☐ Mouth sores/ulcers	☐ Other
☐ Fever/ch		☐ Frequent sore throat	□ NO PROBLEMS
☐ Night sw		☐ Ringing in the ears	
	veight change	☐ Difficulty swallowing	
U Other		☐ Voice changes	CARDIOVASCULAR
NO PRO	RLEIAI2	☐ Sinus infections/problems	Chest pain or pressure
		☐ Sinus tenderness	☐ Blood clots
HEAD / FA	CE	☐ Dryness of the mouth	Swelling of feet and/or ankles
Headac		Nosebleeds	Fast or irregular heart beat
		☐ Hayfever	Palpitations
 • -	d facial strength	☐ Dentures	Swelling of the hands
☐ Recent		Other	Heart trouble
☐ Masses		☐ NO PROBLEMS	Leg cramps
☐ Facial p			Poor circulation
	enderness	NPO!/	Other NO PROBLEMS
Other _		<u>NECK</u>	HOPPLING
□ NO PRO	BLEMS	☐ Masses	
		☐ Tenderness	RESPIRATORY
		☐ Thyroid tenderness	□ Wheezing
EYES		Vein distentionSwollen glands in the neck	Chronic or frequent coughs
☐ Blurred	or double vision	Pain	Cough with mucous production
Drynes		Other	☐ Difficulty breathing
	ss of the eyes	NO PROBLEMS	☐ Dry cough
	disturbances		☐ Shortness of breath when lying fla
	lasses or contacts		Shortness of breath when walking
☐ Catara			Pain on breathing
☐ Glauco			Spitting/coughing blood
U Other			Other
U NO PK	OBLEMS		☐ NO PROBLEMS

SYMPTOM / SYSTEMS REVIEW (continued):

If you have ever experienced any of the following problems, please check the problem and write the year you experienced it right next to the checked item OR check **NO PROBLEMS**.

GASTROINTESTINAL	LYMPHATIC / HEMATOLOGIC	NEUROLOGICAL / PSYCHIATRIC
Heartburn or indigestion	Bleeding or bruising tendency	Convulsions or seizures
Changes in bowel movements	☐ Enlarged glands	
Rectal bleeding or blood in stool	Phlebitis	Frequent/recurring headaches
Painful bowel movements	☐ Slow to heal after cuts	☐ Numbness or tingling sensation☐ Tremors
_ Constipation	Other	
Loss of appetite	NO PROBLEMS	Memory loss or confusion
Nausea or vomiting		Light headed
Abdominal pain		Loss of consciousness
Frequent diarrhea	MUSULOSKELETAL / EXTREMITIES	Feeling blue
Stomach pain or cramps	☐ Back pain	Dizziness
Other	☐ Cold extremities	Other
NO PROBLEMS	Difficulty climbing stairs	NO PROBLEMS
	Difficulty walking	
	☐ Joint pain	INTEGUMENTARY / SKIN
ENITOURINARY	Joint stiffness or swelling	Phone and the second se
Burning or painful urination	Numbness or tingling	Change in skin color
Blood or pus in urine	Paralysis	Change in hair or nails
Vaginal discharge	Walk with a limp	☐ Psoriasis
Incontinence or dribbling	Walk with a limp Walk with assistive device	Rash or itching
Pain with periods	Walk only limited device	Skin nodules or bumps
Sexual difficulty	Walk only limited distances	Skin changes after sun exposure
Genital rash or ulcers	☐ Weakness of muscles or joints☐ Other	U Other
Irregular periods		NO PROBLEMS
Testicular pain	NO PROBLEMS OTHER THAN	
	REASON FOR VISIT	
Change in force of strain when		
Change in force of strain when urinating		
urinating		
Prostate problems		
Prostate problems Other NO PROBLEMS		
Prostate problems Other NO PROBLEMS	INFORMATION YOUR PHYSICIAN S	HOULD KNOW:
Prostate problems Other NO PROBLEMS LEASE LIST OTHER PERTINENT		
Prostate problems Other NO PROBLEMS LEASE LIST OTHER PERTINENT	INFORMATION YOUR PHYSICIAN S	
Prostate problems Other NO PROBLEMS LEASE LIST OTHER PERTINENT	y completed this form and all the in	

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PRESCRIPTION HISTORY CONSENT

I hereby give consent to DR. EKO-ISENALUMHE I.A, his employees or agents to obtain my prescription history from any pharmacy that has dispensed any medications to me for the purpose of establishing my treatment history.

I here authorize the below-named pharmacy to release and disclose my prescription history to DR. EKO-ISENALUMHE I.A, his employees and agents.

1. NAME OF PHARMACY		
ADDRESS:		
PHONE:		
FAX:		
2. NAME OF PHARMACY		
ADDRESS:		
PHONE:		
FAX:		
3. NAME OF PHARMACY		
ADDRESS:		
PHONE:		
FAX:		
 give written notice to Dr. E I understand that this consagents ability to use or disorderwise permitted by law I understand that a photo 	sent does not limit the above-nar sclose my information for treatme w. copy of this consent is to be cons	
PATIENT OR AUTHORIZED	REPRESENTATIVE'S SIGNATUR	
RELATIONSHIP TO PATIENT	T:	DATE
WITNESS:		DATE

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ADVANCE DIRECTIVES

	certify that I do / do not have advance	directive.
Name	Sign	Date
In the event of an emergency and benefits.	, I do want to have full resuscitative meas	ure. I have been advised of the risks
Name	Sign	Date
DNR ORDER In the event that my heart stoorder after discussion with n	ops, I do not wish to be resuscitated. I am s ny physician, Dr. Eko-Isenalumhe, and I ur	signing this DO NOT RESUSCITATE nderstand the full implications.
Name	Sign	Date
In the event that I can not who is my	make medical decisions I hereby apport	
Name	Sign	Date

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Patient Portal Policy and Procedure

Eko Clinic provides the Patient Portal, in partnership with our electronic medical records vendor eClinicalWorks, as a free service to our patients who wish to view parts of their record. This has certain risks. In order to manage these risks, we need to impose some conditions of participation. By signing the Consent Form, you agree to these conditions.

How It Works:

A secure web portal is a kind of webpage that uses encryption to keep unauthorized persons form viewing private information. This information is only accessible by the individual who knows the right password to log in to the portal site.

Protecting Your Private Health Information (PHI) and Risks:

This method of communication and viewing prevents unauthorized parties from being able to access or read messages while they are in transmission. However, keeping messages secure depends on two additional factors: the secure massage must reach the correct email address, and only the correct individual (or someone authorized by that individual) must be able to access it. We need you to make sure we have your correct email address and you MUST inform us if it ever changes.

Keep track of who has access to your email account so that only you or someone you authorize can see messages you receive from us. If you think someone has learned your password, you should promptly go to the Portal and change it. Also, it is important to remember that all communication should be through the Portal, not your personal email, or they will not be secure.

It is our intent to offer the Patient Portal as a free service to our patients. We will provide adequate notice of any changes. We understand the importance of privacy in regards to your healthcare and PHI and will continue to strive to make all information as confidential as possible. We will keep all email lists secure and never purposefully share or release this information with any third party.

All data is stored at Eko Clinic and is HIPAA compliant. All new and established patients have signed a HIPAA agreement form.

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You agree not to hold Eko Clinic or any of its staff liable for network infractions beyond its control.

Conditions of Participating in the Patient Portal:

Access to this secure Patient Portal is an optional service, and we reserve the right to suspend user access, modify services, or terminate it at any time. If we do suspend this service, we will notify you.

We need you to fully understand the stated conditions, and by signing the Consent Form, you agree to comply with them. If you do not understand, or do not agree to comply with our policies and procedures, please contact us to revoke your use of the Patient Portal.

Portal Use:

The patient Partal is intended to provide the following services:

- Review medical summary, visit history, medication list
- Update demographic information
- Review current and past statements

The Patient Portal is NOT intended to provide internet-based diagnostic medical services. Additionally, the following limitations apply:

- No Portal based triage and treatment requests. Diagnosis can only be made by and treatment rendered after the patient schedules and visits the provider.
- No emergent communications or services. In an emergency, it is always recommended to dial 911. If you or a dependent is SICK, please call our office to schedule an appointment.
- No requests for medication refills. Please call the office for all medication refills.

All communications via Patient Portal become part of your permanent patient record.

Response Time:

Once your account is enabled, you will receive a "welcome message" with details and log in information. Please log in to your Portal account within 48 hours of receiving the message. Again, note that you should never reply to messages through your private email inbox. We encourage you to use the Portal at any time.

Patient Acknowledgement and Agreement:

I acknowledge that I have read and fully understand Eko Clinic's Patient Portal Policy and Procedures. I understand the risks associated with online communication between myself and the practice and consent to the conditions outlined above. In addition, I acknowledge that using the Patient Portal is entirely voluntary and will not impact the quality of care I receive at Eko Clinic. I agree to follow the instructions herein, as well as

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any other instructions that Eko Clinic may impose to communicate online. I have been proactive about asking questions and all of my questions have been answered with clarity. I understand and concur with all information herein.

Patient Name

Patient Signature

Date

Current Email Address